

Staff Mental Health Network

The Mental Health network provides a welcoming space for all staff with a personal interest in experiences of distress and confusion, emotional wellbeing and a commitment to improving approaches to work and mental health.

The network will aim to:

- Generate an increased level of acceptance and understanding of experiences of distress and confusion
- Ensure that the views and concerns of staff who live with mental health challenges are represented and considered at organisational level
- Follow the principles of self-organisation
- The meetings are open to anyone and everyone and encourage debate and dialogue.



For further information or to join the network please contact:

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